



Name: _____

Class: _____

Hand Stencils

Hand stencils were traditionally made by placing a hand on a cave wall or rock face. The artist would fill their mouth with ochre and spray the object. When their hand was taken away, the outline of their hand was left behind.



What you need:

- Paint
- Large sheets of paper
- Toothbrush
- Art smock
- Soap and water.

What to do:

Work with a partner. One of you places a hand on the sheet of paper, leaving plenty of space around the hand. The other dips the bristles of the toothbrush in the paint, then runs their finger along the bristles and splatters paint around the edges of the hand.

Move the hand elsewhere on the paper and repeat the process, to create many hand stencils.

Take turns at spraying the paint. (Wash your hands after your hand has been sprayed.)

